# Monday, September 2, 2024

## **Drop-In Pickleball**

Date and Time: Monday, September 2 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennifer ercoates 148@gmail.com to sign up.

# Tuesday, September 3, 2024

## **Drop-In Pickleball**

Date and Time: Tuesday, September 3 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jbcoates@xplornet.ca</u> to sign up.

#### Pickleball at DRC

Date and Time: Tuesday, September 3 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Wednesday, September 4, 2024

## **Drop-In Pickleball**

Date and Time: Wednesday, September 4 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noon. This proga m is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennifercoates 148@g mail.com to sign up.

## Gentle to Moderate Yoga

Date and Time: Wednesday, September 4 10:00 am - 11:00 am

Address: 1049 Main Street, Dorset

#### GENTLE TO MODERATE YOGA

with Ardith at the Dorset Recreation Centre

September 4 to October 10, 2024 (6-week program)

Wednesdays from 10 a.m. to 11 a.m.

**Cost:** \$90.00+HST for the 6-week session or weekly drop-ins welcome for \$15.00+hst per class. All levels are welcome.

Classes will take place at the Dorset Recreation Centre, 1051 Main Street. Gentle to Moderate Yoga - These classes are designed to work on improving balance and maintaining mobility, with the focus on breathing, body a wareness, flexibility, and stress reduction. Yoga poses will take you from the mat, to hands and knees and standing positions.

Please bring your own mat!

Register now.

## **Stanhope Library Branch Open**

Date and Time: Wednesday, September 4 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0.

#### **Dorset Book Club Online**

Date and Time: Wednesday, September 4 1:00 pm - 3:00 pm

Address: Online

Dorset Book Club meets virtually once a month on the first Wednesday of the month from 1 to 3 p.m. All are w

elcome! Learn more or register.

# Thursday, September 5, 2024

## **Regular Council Meeting**

Date and Time: Thursday, September 5 9:00 am - 4:00 pm

Address: 1123 North Shore Road

You can find Algonquin Highlands Council agendas and minutes on the CivicWeb Portal.

### **Drop-In Pickleball**

Date and Time: Thursday, September 5 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennif ercoates 148@gmail.com to sign up.

## **Drop-In Line Dancing**

Date and Time: Thursday, September 5 10:00 am - 12:00 pm

Address: 1095 North Shore Road

#### **Drop-In Line Dancing**

#### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

#### Pickleball at DRC

Date and Time: Thursday, September 5 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur

sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Friday, September 6, 2024

## **Drop-In Pickleball**

Date and Time: Friday, September 6 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noo n. This program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennifer coates 148@gmail.com to sign up.

#### **Taoist Tai Chi**

Date and Time: Friday, September 6 9:45 am - 10:45 am

Address: 1095 North Shore Road

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information visit www.taoist.org, or call Wilma at 705-457-5829.

## Taoist Tai Chi - Beginner Classes

Date and Time: Friday, September 6 10:00 am - 12:00 pm

Address: 1095 North Shore Road

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information check our website <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

## **Stanhope Library Branch Open**

Date and Time: Friday, September 6 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin

Highlands, Ontario, K0M 1S0.

# Saturday, September 7, 2024

### **Stanhope Library Branch Open**

Date and Time: Saturday, September 7 10:00 am - 1:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin

Highlands, Ontario, K0M 1S0.

## Monday, September 9, 2024

## **Drop-In Pickleball**

Date and Time: Monday, September 9 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennif

ercoates 148@gmail.com to sign up.

# Tuesday, September 10, 2024

## **Drop-In Pickleball**

Date and Time: Tuesday, September 10 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jbcoates@xplornet.ca</u> to sign up.

## **Toning Class at DRC**

Date and Time: Tuesday, September 10 10:30 am - 11:30 am

Address: 1049 Main Street, Dorset

#### **TONING CLASSES – Dorset Recreation Centre**

Tuesdays, 10:30am-11:30am

Cost: \$2.00

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly en vironment. All abilities welcome! Bring a bag lunch and join us after class for a social time.

#### Pickleball at DRC

Date and Time: Tuesday, September 10 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Wednesday, September 11, 2024

## **Drop-In Pickleball**

Date and Time: Wednesday, September 11 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noon. This proga m is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <a href="mailto:iennifercoates148@g">iennifercoates148@g</a>

mail.com to sign up.

## Gentle to Moderate Yoga

Date and Time: Wednesday, September 11 10:00 am - 11:00 am

Address: 1049 Main Street, Dorset

#### GENTLE TO MODERATE YOGA

with Ardith at the Dorset Recreation Centre

September 4 to October 10, 2024 (6-week program)

Wednesdays from 10 a.m. to 11 a.m.

**Cost:** \$90.00+HST for the 6-week session or weekly drop-ins welcome for \$15.00+hst per class. All levels are welcome.

Classes will take place at the Dorset Recreation Centre, 1051 Main Street. Gentle to Moderate Yoga - These classes are designed to work on improving balance and maintaining mobility, with the focus on breathing, body a wareness, flexibility, and stress reduction. Yoga poses will take you from the mat, to hands and knees and standing positions.

Please bring your own mat!

Register now.

## **Stanhope Library Branch Open**

Date and Time: Wednesday, September 11 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0.

## Thursday, September 12, 2024

## **Drop-In Pickleball**

Date and Time: Thursday, September 12 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jennifercoates148@gmail.com</u> to sign up.

## **Drop-In Line Dancing**

Date and Time: Thursday, September 12 10:00 am - 12:00 pm

Address: 1095 North Shore Road

#### **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <a href="mailto:clancelinedance@gmail.com">clancelinedance@gmail.com</a>

#### Pickleball at DRC

Date and Time: Thursday, September 12 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Friday, September 13, 2024

## **Drop-In Pickleball**

Date and Time: Friday, September 13 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noo n. This program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jennifer coates 148@gmail.com</u> to sign up.

#### **Taoist Tai Chi**

Date and Time: Friday, September 13 9:45 am - 10:45 am

Address: 1095 North Shore Road

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

## Taoist Tai Chi - Beginner Classes

Date and Time: Friday, September 13 10:00 am - 12:00 pm

Address: 1095 North Shore Road

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information check our website <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

## **Stanhope Library Branch Open**

Date and Time: Friday, September 13 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0.

# Saturday, September 14, 2024

## **Stanhope Library Branch Open**

Date and Time: Saturday, September 14 10:00 am - 1:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0.

#### House Hazardous Waste Collection Event - Dorset

Date and Time: Saturday, September 14 1:00 pm - 5:00 pm

Address: 1087 Maple Ridge Drive

There will be a Household Hazardous Waste Collection Event at the **Dorset Transfer Station** on Saturday, **Sep tember 14 from 1 to 5 p.m.** 

A reminder that Algonquin Highlands residents may attend any household hazardous waste collection events thr oughout the County of Haliburton - just ensure you have your landfill user ID card with you. You can find a complete schedule of dates throughout the County, as well as guidelines for hazarous waste, <u>here.</u>

# Monday, September 16, 2024

## **Drop-In Pickleball**

Date and Time: Monday, September 16 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jennifercoates148@gmail.com</u> to sign up.

# Tuesday, September 17, 2024

## **Drop-In Pickleball**

Date and Time: Tuesday, September 17 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jbcoates@xplornet.ca</u> to sign up.

## **Toning Class at DRC**

Date and Time: Tuesday, September 17 10:30 am - 11:30 am

Address: 1049 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30am-11:30am

Cost: \$2.00

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly en

vironment. All abilities welcome! Bring a bag lunch and join us after class for a social time.

#### Pickleball at DRC

Date and Time: Tuesday, September 17 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Wednesday, September 18, 2024

## **Drop-In Pickleball**

Date and Time: Wednesday, September 18 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noon. This proga m is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennifercoates 148@g mail.com to sign up.

## Gentle to Moderate Yoga

Date and Time: Wednesday, September 18 10:00 am - 11:00 am

Address: 1049 Main Street, Dorset

#### GENTLE TO MODERATE YOGA

with Ardith at the Dorset Recreation Centre

September 4 to October 10, 2024 (6-week program)

Wednesdays from 10 a.m. to 11 a.m.

**Cost:** \$90.00+HST for the 6-week session or weekly drop-ins welcome for \$15.00+hst per class. All levels are welcome.

Classes will take place at the Dorset Recreation Centre, 1051 Main Street. Gentle to Moderate Yoga - These classes are designed to work on improving balance and maintaining mobility, with the focus on breathing, body a wareness, flexibility, and stress reduction. Yoga poses will take you from the mat, to hands and knees and standing positions.

Please bring your own mat!

Register now.

## **Stanhope Library Branch Open**

Date and Time: Wednesday, September 18 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0.

#### **Coffee and Conversation Online**

Date and Time: Wednesday, September 18 3:00 pm - 5:00 pm

Address: Online

#### Third Wednesday of the Month

Coffee and Conversation takes place online via Zoom on the third Wednesday of the month from 3 to 5 p.m.. N ew in town and want to meet new people? Coffee and Conversation is a great way to connect with community members. Everyone is welcome to join. Just make your own coffee and join us for a social time!

Learn more or register.

## Gentle and Restorative Yoga - Stanhope

Date and Time: Wednesday, September 18 7:00 pm - 8:00 pm

Address: 1095 North Shore Road

#### **GENTLE & RESTORATIVE YOGA - Stanhope Community Centre**

Wednesdays, September 18-October 23 (6-week program) 7 p.m. to 8 p.m.

Cost: \$115.00+HST

Gentle & Restorative Yoga with Donna - a style of yoga designed to soothe, relax, restore, and rejuvenate the b ody. Accessible to most everyone, this yoga offers a welcoming atmosphere of ease where simple poses and mo vements are slow, and often fully supported by bolsters, blocks, and blankets - ever so gently stretching the body and calming the nervous system. Gentle and Restorative Yoga encourages general wellness, supports injury or s urgery recovery, restores hard-working bodies, and calms the endless chatter of the mind.

#### Register now.

# Thursday, September 19, 2024

## **Regular Council Meeting**

Date and Time: Thursday, September 19 9:00 am - 4:00 pm

Address: 1123 North Shore Road

You can find Algonquin Highlands Council agendas and minutes on the CivicWeb Portal.

### **Drop-In Pickleball**

Date and Time: Thursday, September 19 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jennifercoates148@gmail.com</u> to sign up.

## **Drop-In Line Dancing**

Date and Time: Thursday, September 19 10:00 am - 12:00 pm

Address: 1095 North Shore Road

#### **Drop-In Line Dancing**

#### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

#### Pickleball at DRC

Date and Time: Thursday, September 19 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time.

Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Friday, September 20, 2024

## **Drop-In Pickleball**

Date and Time: Friday, September 20 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noo n. This program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennifer coates 148@gmail.com to sign up.

#### **Taoist Tai Chi**

Date and Time: Friday, September 20 9:45 am - 10:45 am

Address: 1095 North Shore Road

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

## Taoist Tai Chi - Beginner Classes

Date and Time: Friday, September 20 10:00 am - 12:00 pm

Address: 1095 North Shore Road

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information check our website <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

## **Stanhope Library Branch Open**

Date and Time: Friday, September 20 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin

Highlands, Ontario, K0M 1S0.

# Saturday, September 21, 2024

## **Stanhope Library Branch Open**

Date and Time: Saturday, September 21 10:00 am - 1:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin

Highlands, Ontario, K0M 1S0.

# Monday, September 23, 2024

## **Drop-In Pickleball**

Date and Time: Monday, September 23 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennif

ercoates 148@gmail.com to sign up.

#### **Zumba - Dorset Recreation Centre**

Date and Time: Monday, September 23 4:00 pm - 6:00 pm

Address: 1049 Main Street, Dorset

#### **ZUMBA – Dorset Recreation Centre**

Mondays, September 23-November 4, 2024 (6 week program, with no class on Monday, October 14th)

Time: 4:00 p.m. to 5:00 p.m.

Cost: \$12.00/6 weeks, \$2.00 per week drop in (HST included)

Zumba involves dance and aerobic movements performed to energetic music. This fun fitness class will be for a ll ability levels and is intended for those 18 years or older.

# Tuesday, September 24, 2024

## **Drop-In Pickleball**

Date and Time: Tuesday, September 24 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jbcoates@xplornet.ca</u> to sign up.

## **Toning Class at DRC**

Date and Time: Tuesday, September 24 10:30 am - 11:30 am

Address: 1049 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30am-11:30am

Cost: \$2.00

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly en vironment. All abilities welcome! Bring a bag lunch and join us after class for a social time.

#### Pickleball at DRC

Date and Time: Tuesday, September 24 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. **You can register h** ere.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Wednesday, September 25, 2024

## **Drop-In Pickleball**

Date and Time: Wednesday, September 25 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noon. This proga m is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at <u>jennifercoates148@g mail.com</u> to sign up.

### Gentle to Moderate Yoga

Date and Time: Wednesday, September 25 10:00 am - 11:00 am

Address: 1049 Main Street, Dorset

#### GENTLE TO MODERATE YOGA

with Ardith at the Dorset Recreation Centre

September 4 to October 10, 2024 (6-week program)

Wednesdays from 10 a.m. to 11 a.m.

**Cost:** \$90.00+HST for the 6-week session or weekly drop-ins welcome for \$15.00+hst per class. All levels are welcome.

Classes will take place at the Dorset Recreation Centre, 1051 Main Street. Gentle to Moderate Yoga - These classes are designed to work on improving balance and maintaining mobility, with the focus on breathing, body a wareness, flexibility, and stress reduction. Yoga poses will take you from the mat, to hands and knees and standing positions.

Please bring your own mat!

Register now.

## **Stanhope Library Branch Open**

Date and Time: Wednesday, September 25 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0.

## **Gentle and Restorative Yoga - Stanhope**

Date and Time: Wednesday, September 25 7:00 pm - 8:00 pm

Address: 1095 North Shore Road

#### **GENTLE & RESTORATIVE YOGA - Stanhope Community Centre**

Wednesdays, September 18-October 23 (6-week program) 7 p.m. to 8 p.m.

Cost: \$115.00+HST

Gentle & Restorative Yoga with Donna - a style of yoga designed to soothe, relax, restore, and rejuvenate the b ody. Accessible to most everyone, this yoga offers a welcoming atmosphere of ease where simple poses and mo vements are slow, and often fully supported by bolsters, blocks, and blankets - ever so gently stretching the body and calming the nervous system. Gentle and Restorative Yoga encourages general wellness, supports injury or s urgery recovery, restores hard-working bodies, and calms the endless chatter of the mind.

Register now.

# Thursday, September 26, 2024

## **Drop-In Pickleball**

Date and Time: Thursday, September 26 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennifer ercoates 148@gmail.com to sign up.

## **Drop-In Line Dancing**

Date and Time: Thursday, September 26 10:00 am - 12:00 pm

Address: 1095 North Shore Road

#### **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact clancelinedance@gmail.com

#### Pickleball at DRC

Date and Time: Thursday, September 26 12:00 pm - 2:00 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thur sdays and Sundays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pic kleball programs, as well as see how many people have already pre-registered. **You can register h ere**.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by e mailing <a href="mailto:recreation@algonquinhighlands.ca">recreation@algonquinhighlands.ca</a> or calling 705-766-9968.

# Friday, September 27, 2024

## **Drop-In Pickleball**

Date and Time: Friday, September 27 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. to noo n. This program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennifer coates 148@gmail.com to sign up.

#### **Taoist Tai Chi**

Date and Time: Friday, September 27 9:45 am - 10:45 am

Address: 1095 North Shore Road

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

## **Taoist Tai Chi - Beginner Classes**

Date and Time: Friday, September 27 10:00 am - 12:00 pm

Address: 1095 North Shore Road

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information check our website <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

## **Stanhope Library Branch Open**

Date and Time: Friday, September 27 12:00 pm - 3:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin

Highlands, Ontario, K0M 1S0.

# Saturday, September 28, 2024

## **Stanhope Library Branch Open**

Date and Time: Saturday, September 28 10:00 am - 1:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin

Highlands, Ontario, K0M 1S0.

## **Fall Colours Fly-In**

Date and Time: Saturday, September 28 10:00 am - 3:00 pm

Address: 1168 Stanhope Airport Road, Algonquin Highlands, K0M 1S0

The annual Fall Colours Fly-In is scheduled for **Saturday**, **September 28** at Stanhope Municipal Airport from 10 a.m. to 3 p.m. See a spectacular array of aircraft, check out firefighting equipment, and for fee, take in the br eathtaking Haliburton Highlands foliage from above with an airplane or helicopter ride. There'll be a variety of delicious food, and a fall fly-in favourite is the classic car show! Don't miss our final fly-in of 2024.

## Monday, September 30, 2024

## **Drop-In Pickleball**

Date and Time: Monday, September 30 9:00 am - 12:00 pm

Address: 1095 North Shore Road

Come out and enjoy a game of pickleball at the courts in Stanhope, Monday through Friday, from 9 a.m. until n oon. The program is open to all skill levels and is run by Township volunteers. Contact Jennifer Coates at jennif

ercoates 148@gmail.com to sign up.

## **Zumba - Dorset Recreation Centre**

Date and Time: Monday, September 30 4:00 pm - 6:00 pm

Address: 1049 Main Street, Dorset

#### **ZUMBA – Dorset Recreation Centre**

Mondays, September 23-November 4, 2024 (6 week program, with no class on Monday, October 14th)

Time: 4:00 p.m. to 5:00 p.m.

Cost: \$12.00/6 weeks, \$2.00 per week drop in (HST included)

Zumba involves dance and aerobic movements performed to energetic music. This fun fitness class will be for a ll ability levels and is intended for those 18 years or older.

https://calendar.algonquinhighlands.ca