# Tuesday, April 1, 2025

## Pitch-In Dorset Community Clean-Up

Date and Time: Tuesday, April 1 10:00 am - 12:00 pm

Address: Main Street, Dorset

### Pitch-In Dorset Community Clean-Up

Saturday, April 26, 2025 10 a.m. to noon Dorset Recreation Centre

Come out and help us beautify Dorset, meet at the Dorset Recreation Centre at 9 a.m. Gloves, reflective vests, bags and pickers will be provided. All are welcome to join individuals, businesses and community groups.

For more information contact 705-766-9968 or register here.

## **Toning Class at DRC**

Date and Time: Tuesday, April 1 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

#### Pickleball at DRC

Date and Time: Tuesday, April 1 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, April 1 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin

Highlands, Ontario, K0M 1S0

# Wednesday, April 2, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, April 2 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Chair Yoga Online/In-Person

Date and Time: Wednesday, April 2 11:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

### **CHAIR YOGA ONLINE & IN PERSON**

with Ardith via Zoom and at the Dorset Recreation Centre

February 5 - April 2, 2025 with no class on Wednesday, March 12

Wednesdays from 11:30 a.m., to 12:30 p.m.

**Cost:** \$15.00 + HST per class. All levels are welcome.

Classes will take place online via Zoom and at the Dorset Recreation Centre, 1051 Main Street. Classes are designed to work on improving balance and maintaining mobility, with the focus on breathing, body awareness, fle xibility, and stress reduction. All levels and drop-ins welcome. Registration is available online or by calling 705 -766-9968.

# Thursday, April 3, 2025

## **Regular Council Meeting**

Date and Time: Thursday, April 3 9:00 am

Address: 1123 North Shore Road

You can find Algonquin Highlands Council agendas and minutes on the CivicWeb Portal.

You can find information about Algonquin Highlands Council here.

### LINE DANCING CANCELLED

Date and Time: Thursday, April 3 10:00 am - 12:00 pm

Address: 1095 North Shore Road

Please note that Drop-In Line Dancing at the Stanhope Firefighters' Community Hall has been cancelled for Th ursday, April 3.

#### Pickleball at DRC

Date and Time: Thursday, April 3 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.* 

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# Friday, April 4, 2025

#### **Taoist Tai Chi**

Date and Time: Friday, April 4 9:45 am - 10:45 am

Address: 1095 North Shore Road

### Fridays from 9:45 to 10:45 a.m., Stanhope Firefighters' Community Hall

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process, it contributes to better balance and posture, increased strength and flexibility

, and calmness and peace of mind.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

#### Pickleball at DRC

Date and Time: Friday, April 4 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

### **Dorset Library Branch Open**

Date and Time: Friday, April 4 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Taoist Tai Chi - Basic Beginner

Date and Time: Friday, April 4 11:00 am - 12:00 pm

Address: 1095 North Shore Road

### Fridays from 11 a.m. to noon, Stanhope Firefighters' Community Hall

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

# Saturday, April 5, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, April 5 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

### **Ukrainian Easter Egg Workshop**

Date and Time: Saturday, April 5 10:30 am - 2:00 pm

Address: 1051 Main Street, Dorset

### **Ukrainian Easter Egg Workshop**

Saturday, April 5, 2025 10:30 a.m. to 2 p.m. Dorset Recreation Centre

Cost: \$8.00+HST per person

Age Requirement: 10+ years

Join Ginger Kulas on Saturday, April 5 at 10:30am to learn the history of "pysanky," the meaning of the symbol s and to create a beautifully decorated egg using the wax resist method with beeswax & a "kistka."

Space is limited, preregistration is required. This activity is geared to adults with a minimum age requirement of 10 years plus. Please note if youth are registering they must be accompanied by an adult.

For more information contact 705-766-9968 or register <u>here</u>.

# Sunday, April 6, 2025

#### **Dorset Model Aviators**

Date and Time: Sunday, April 6 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety r

ules.

Contact Ark Skupien at skupien@cogeco.ca if interested.

### Pickleball at DRC

Date and Time: Sunday, April 6 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# Monday, April 7, 2025

## **VON SMART Exercise Program - DRC**

Date and Time: Monday, April 7 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

#### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### **Cost: Free**

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

# Tuesday, April 8, 2025

## **Toning Class at DRC**

Date and Time: Tuesday, April 8 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

#### Pickleball at DRC

Date and Time: Tuesday, April 8 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

## Stanhope Library Branch Open

Date and Time: Tuesday, April 8 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

# Wednesday, April 9, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, April 9 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

# Thursday, April 10, 2025

## **Drop-In Line Dancing**

Date and Time: Thursday, April 10 10:00 am - 12:00 pm

Address: 1095 North Shore Road

### **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

### Pickleball at DRC

Date and Time: Thursday, April 10 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# Friday, April 11, 2025

### **Taoist Tai Chi**

Date and Time: Friday, April 11 9:45 am - 10:45 am

Address: 1095 North Shore Road

Fridays from 9:45 to 10:45 a.m., Stanhope Firefighters' Community Hall

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process, it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

### Pickleball at DRC

Date and Time: Friday, April 11 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Dorset Library Branch Open**

Date and Time: Friday, April 11 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Taoist Tai Chi - Basic Beginner

Date and Time: Friday, April 11 11:00 am - 12:00 pm

Address: 1095 North Shore Road

### Fridays from 11 a.m. to noon, Stanhope Firefighters' Community Hall

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information, visit www.taoist.org, or call Wilma at 705-457-5829.

# Saturday, April 12, 2025

### **Dorset Library Branch Open**

Date and Time: Saturday, April 12 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# **Sunday, April 13, 2025**

### **Dorset Model Aviators**

Date and Time: Sunday, April 13 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety r ules.

Contact Ark Skupien at skupien@cogeco.ca if interested.

#### Pickleball at DRC

Date and Time: Sunday, April 13 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.* 

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# Monday, April 14, 2025

## **VON SMART Exercise Program - DRC**

Date and Time: Monday, April 14 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

**Cost: Free** 

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and pre vent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

# Tuesday, April 15, 2025

## **Toning Class at DRC**

Date and Time: Tuesday, April 15 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

#### **TONING CLASSES – Dorset Recreation Centre**

Tuesdays, 10:30 - 11:30 a.m.

Cost: \$2.00

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

#### Pickleball at DRC

Date and Time: Tuesday, April 15 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registratio n is free.

Please let us know if you have any questions or need support accessing your online account by emailing recrea tion@algonquinhighlands.ca or calling 705-766-9968.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, April 15 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

# Wednesday, April 16, 2025

### **Dorset Library Branch Open**

Date and Time: Wednesday, April 16 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

# Thursday, April 17, 2025

## **Regular Council Meeting**

Date and Time: Thursday, April 17 9:00 am

Address: 1123 North Shore Road

You can find Algonquin Highlands Council agendas and minutes on the CivicWeb Portal.

You can find information about Algonquin Highlands Council here.

## **Drop-In Line Dancing**

Date and Time: Thursday, April 17 10:00 am - 12:00 pm

Address: 1095 North Shore Road

#### **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

### Pickleball at DRC

Date and Time: Thursday, April 17 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Friday, April 18, 2025**

#### Pickleball at DRC

Date and Time: Friday, April 18 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Dorset Library Branch Open**

Date and Time: Friday, April 18 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati

on Centre at 1051 Main Street, Dorset.

# Saturday, April 19, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, April 19 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# **Sunday, April 20, 2025**

#### **Dorset Model Aviators**

Date and Time: Sunday, April 20 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety r ules.

Contact Ark Skupien at <a href="mailto:skupien@cogeco.ca">skupien@cogeco.ca</a> if interested.

### Pickleball at DRC

Date and Time: Sunday, April 20 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## Monday, April 21, 2025

### **VON SMART Exercise Program - DRC**

Date and Time: Monday, April 21 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### **Cost: Free**

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

## Tuesday, April 22, 2025

## **Toning Class at DRC**

Date and Time: Tuesday, April 22 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

#### **TONING CLASSES – Dorset Recreation Centre**

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

#### Pickleball at DRC

Date and Time: Tuesday, April 22 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, April 22 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

## Wednesday, April 23, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, April 23 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Thursday, April 24, 2025

## **Drop-In Line Dancing**

Date and Time: Thursday, April 24 10:00 am - 12:00 pm

Address: 1095 North Shore Road

### **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

### Pickleball at DRC

Date and Time: Thursday, April 24 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.* 

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# **Friday, April 25, 2025**

### **Taoist Tai Chi**

Date and Time: Friday, April 25 9:45 am - 10:45 am

Address: 1095 North Shore Road

### Fridays from 9:45 to 10:45 a.m., Stanhope Firefighters' Community Hall

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process, it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

### Pickleball at DRC

Date and Time: Friday, April 25 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registratio n is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Dorset Library Branch Open**

Date and Time: Friday, April 25 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Taoist Tai Chi - Basic Beginner

Date and Time: Friday, April 25 11:00 am - 12:00 pm

Address: 1095 North Shore Road

### Fridays from 11 a.m. to noon, Stanhope Firefighters' Community Hall

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

# Saturday, April 26, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, April 26 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# **Sunday, April 27, 2025**

#### Pickleball at DRC

Date and Time: Sunday, April 27 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.* 

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## Monday, April 28, 2025

### **VON SMART Exercise Program - DRC**

Date and Time: Monday, April 28 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### Cost: Free

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

# Tuesday, April 29, 2025

## **Toning Class at DRC**

Date and Time: Tuesday, April 29 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

#### Pickleball at DRC

Date and Time: Tuesday, April 29 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, April 29 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

# Wednesday, April 30, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, April 30 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

https://calendar.algonquinhighlands.ca