# Saturday, March 1, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, March 1 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# Sunday, March 2, 2025

### **Dorset Model Aviators**

Date and Time: Sunday, March 2 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety r ules.

Contact Ark Skupien at skupien@cogeco.ca if interested.

### Pickleball at DRC

Date and Time: Sunday, March 2 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we

ll as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# Monday, March 3, 2025

## **VON SMART Exercise Program - DRC**

Date and Time: Monday, March 3 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

### **Cost: Free**

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and pre vent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

### **Zumba - Dorset Recreation Centre**

Date and Time: Monday, March 3 4:00 pm - 5:00 pm

Address: 1051 Main Street, Dorset

#### **ZUMBA – Dorset Recreation Centre**

Mondays, February 10 to March 31, 2025 (7-week program, with no class on Monday, February 17th)

### Time: 4 to 5 p.m.

Cost: \$14.00/7 weeks, \$2.00 per week drop in (HST included)

Zumba will take place on Monday evenings with certified instructor Joanne MacLeod. Zumba involves dance a

nd aerobic movements performed to energetic music. This fun fitness class will be for all genders and ability le vels (18 yrs+).

Register here or by calling 705-766-9968.

# Tuesday, March 4, 2025

## **Toning Class at DRC**

Date and Time: Tuesday, March 4 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

## Pickleball at DRC

Date and Time: Tuesday, March 4 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, March 4 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

## **Drop-In Basketball at DRC**

Date and Time: Tuesday, March 4 7:00 pm - 8:30 pm

Address: 1051 Main Street, Dorset

Drop-in basketball is open to all ability levels. Join us at the Dorset Recreation Centre in the Gymnasium on Tu esday evenings. You can preregister <u>here.</u>

There is no fee to register online. This program is included with membership. If you do not have a membership, day pass fees will apply upon arrival.

# Wednesday, March 5, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, March 5 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Gentle Yoga - DRC

Date and Time: Wednesday, March 5 10:00 am - 11:00 am

Address: 1051 Main Street, Dorset

#### GENTLE YOGA with Ardith at the Dorset Recreation Centre

February 5 - March 26, 2025

Wednesdays from 10 to 11 a.m.

Cost: \$15.00 + HST per class. All levels are welcome.

Classes will take at the Dorset Recreation Centre in the Gymnasium and are designed to work on improving bal ance and maintaining mobility, with the focus on breathing, body awareness, flexibility, and stress reduction. Yo ga poses will take you from the floor, to hands and knees to standing positions. The cost per session is \$15.00 p er person, all levels welcome.

Register now.

## Chair Yoga Online/In-Person

Date and Time: Wednesday, March 5 11:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

#### **CHAIR YOGA ONLINE & IN PERSON**

#### with Ardith via Zoom and at the Dorset Recreation Centre

February 5 - April 2, 2025 with no class on Wednesday, March 12

Wednesdays from 11:30 a.m.. to 12:30 p.m.

**Cost:** \$15.00 + HST per class. All levels are welcome.

Classes will take place online via Zoom and at the Dorset Recreation Centre, 1051 Main Street. Classes are des igned to work on improving balance and maintaining mobility, with the focus on breathing, body awareness, fle xibility, and stress reduction. All levels and drop-ins welcome. Registration is available online or by calling 705 -766-9968.

# Thursday, March 6, 2025

## **Regular Council Meeting**

Date and Time: Thursday, March 6 9:00 am

Address: 1123 North Shore Road

You can find Algonquin Highlands Council agendas and minutes on the CivicWeb Portal.

You can find information about Algonquin Highlands Council here.

## **Drop-In Line Dancing**

Date and Time: Thursday, March 6 10:00 am - 12:00 pm

Address: 1095 North Shore Road

### **Drop-In Line Dancing**

#### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

### Pickleball at DRC

Date and Time: Thursday, March 6 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Restorative Yoga**

Date and Time: Thursday, March 6 6:30 pm - 7:30 pm

Address: Stanhope Firefighters' Community Hall 1095 North Shore Road

#### **RESTORATIVE YOGA with Donna**

### **Stanhope Firefighters Community Hall**

January 30<sup>th</sup> – March 6, 2025

Thursdays from 6:30 to 7:30 p.m.

Cost: \$108 + HST 6 week class. All levels are welcome.

Gentle & Restorative Yoga with Donna is a once-a-week, 6-week program and will start on Thursday, January 30, and run until Thursday, March 6, 202 at the Stanhope Fire Fighters Community Hall.

This is a style of yoga designed to soothe, relax, restore, and rejuvenate the body. Accessible to most everyone, this yoga offers a welcoming atmosphere of ease where simple poses and movements are slow, and often fully s upported by bolsters, blocks, and blankets--ever so gently stretching the body and calming the nervous system. Gentle and Restorative Yoga encourages general wellness, supports injury or surgery recovery, restores hand-w orking bodies and calms the endless chatter of the mind.

Register here or by calling 705-766-9968.

# Friday, March 7, 2025

#### Taoist Tai Chi

Date and Time: Friday, March 7 9:45 am - 10:45 am

Address: 1095 North Shore Road

## Fridays from 9:45 to 10:45 a.m., Stanhope Firefighters' Community Hall

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and

circulatory systems. In the process, it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

### Pickleball at DRC

Date and Time: Friday, March 7 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Dorset Library Branch Open**

Date and Time: Friday, March 7 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

# Taoist Tai Chi - Basic Beginner

Date and Time: Friday, March 7 11:00 am - 12:00 pm

Address: 1095 North Shore Road

## Fridays from 11 a.m. to noon, Stanhope Firefighters' Community Hall

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

# Saturday, March 8, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, March 8 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# Sunday, March 9, 2025

#### **Dorset Model Aviators**

Date and Time: Sunday, March 9 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety r ules.

Contact Ark Skupien at skupien@cogeco.ca if interested.

#### Pickleball at DRC

Date and Time: Sunday, March 9 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# Monday, March 10, 2025

## **VON SMART Exercise Program - DRC**

Date and Time: Monday, March 10 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### **Cost: Free**

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

## Family Basketball Drop-In

Date and Time: Monday, March 10 1:30 pm - 3:30 pm

Address: 1051 Main Street, Dorset

Stop in to play some drop-in basketball at the Dorset Recreation Centre! Please note that a membership or daily pass is required.

#### **Zumba - Dorset Recreation Centre**

Date and Time: Monday, March 10 4:00 pm - 5:00 pm

Address: 1051 Main Street, Dorset

### **ZUMBA – Dorset Recreation Centre**

Mondays, February 10 to March 31, 2025 (7-week program, with no class on Monday, February 17th)

Time: 4 to 5 p.m.

Cost: \$14.00/7 weeks, \$2.00 per week drop in (HST included)

Zumba will take place on Monday evenings with certified instructor Joanne MacLeod. Zumba involves dance a

nd aerobic movements performed to energetic music. This fun fitness class will be for all genders and ability le vels (18 yrs+).

Register here or by calling 705-766-9968.

### **Zumba - Dorset Recreation Centre**

Date and Time: Monday, March 10 4:00 pm - 5:00 pm

Address: 1051 Main Street, Dorset

### **ZUMBA – Dorset Recreation Centre**

Mondays, February 10 to March 31, 2025 (7-week program, with no class on Monday, February 17th)

Time: 4 to 5 p.m.

Cost: \$14.00/7 weeks, \$2.00 per week drop in (HST included)

Zumba will take place on Monday evenings with certified instructor Joanne MacLeod. Zumba involves dance a nd aerobic movements performed to energetic music. This fun fitness class will be for all genders and ability le vels (18 yrs+).

Register here or by calling 705-766-9968.

# Tuesday, March 11, 2025

# **Toning Class at DRC**

Date and Time: Tuesday, March 11 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

#### **TONING CLASSES – Dorset Recreation Centre**

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

### Pickleball at DRC

Date and Time: Tuesday, March 11 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we

ll as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

# **Family Floor Hockey Drop-In**

Date and Time: Tuesday, March 11 2:30 pm - 4:30 pm

Address: 1051 Main Street, Dorset

Drop in for some floor hockey at the Dorset Recreation Centre! Please note that a membership or daily pass is required.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, March 11 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

# **Drop-In Basketball at DRC**

Date and Time: Tuesday, March 11 7:00 pm - 8:30 pm

Address: 1051 Main Street, Dorset

Drop-in basketball is open to all ability levels. Join us at the Dorset Recreation Centre in the Gymnasium on Tu esday evenings. You can preregister **here**.

There is no fee to register online. This program is included with membership. If you do not have a membership, day pass fees will apply upon arrival.

# Wednesday, March 12, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, March 12 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati

on Centre at 1051 Main Street, Dorset.

## Family Pickleball Drop-In

Date and Time: Wednesday, March 12 2:00 pm - 4:00 pm

Address: 1051 Main Street, Dorset

Play some drop-in pickleball at the Dorset Recreation Centre and find out what North America's fastest growin g sport is all about! Please note that a membership or daily pass is required.

# Thursday, March 13, 2025

## **Drop-In Line Dancing**

Date and Time: Thursday, March 13 10:00 am - 12:00 pm

Address: 1095 North Shore Road

### **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

# **Restorative Yoga**

Date and Time: Thursday, March 13 10:15 am - 11:15 am

Address: 1095 North Shore Road

#### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### **Cost: Free**

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

#### Pickleball at DRC

Date and Time: Thursday, March 13 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## Family Drop-In Soccer

Date and Time: Thursday, March 13 2:00 pm - 4:00 pm

Address: 1051 Main Street, Dorset

Take a kick at some indoor soccer at the Dorset Recreation Centre! Please note that a membership or daily pass is required.

# **Friday, March 14, 2025**

#### **Taoist Tai Chi**

Date and Time: Friday, March 14 9:45 am - 10:45 am

Address: 1095 North Shore Road

## Fridays from 9:45 to 10:45 a.m., Stanhope Firefighters' Community Hall

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process, it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

#### Pickleball at DRC

Date and Time: Friday, March 14 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Dorset Library Branch Open**

Date and Time: Friday, March 14 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Taoist Tai Chi - Basic Beginner

Date and Time: Friday, March 14 11:00 am - 12:00 pm

Address: 1095 North Shore Road

### Fridays from 11 a.m. to noon, Stanhope Firefighters' Community Hall

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

# Family Open Gym Drop-In

Date and Time: Friday, March 14 2:00 pm - 4:00 pm

Address: 1051 Main Street, Dorset

Come and enjoy some free time in the gym at the Dorset Recreation Centre! Please note a membership of daily pass is required.

# Saturday, March 15, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, March 15 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# **Sunday, March 16, 2025**

#### **Dorset Model Aviators**

Date and Time: Sunday, March 16 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety r ules.

Contact Ark Skupien at skupien@cogeco.ca if interested.

### Pickleball at DRC

Date and Time: Sunday, March 16 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **VON SMART Exercise Program - DRC**

Date and Time: Monday, March 17 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### **Cost: Free**

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

#### **Zumba - Dorset Recreation Centre**

Date and Time: Monday, March 17 4:00 pm - 5:00 pm

Address: 1051 Main Street, Dorset

#### **ZUMBA – Dorset Recreation Centre**

Mondays, February 10 to March 31, 2025 (7-week program, with no class on Monday, February 17th)

#### Time: 4 to 5 p.m.

Cost: \$14.00/7 weeks, \$2.00 per week drop in (HST included)

Zumba will take place on Monday evenings with certified instructor Joanne MacLeod. Zumba involves dance a nd aerobic movements performed to energetic music. This fun fitness class will be for all genders and ability le vels (18 yrs+).

Register here or by calling 705-766-9968.

# Tuesday, March 18, 2025

## **Toning Class at DRC**

Date and Time: Tuesday, March 18 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

### Pickleball at DRC

Date and Time: Tuesday, March 18 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, March 18 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

## **Drop-In Basketball at DRC**

Date and Time: Tuesday, March 18 7:00 pm - 8:30 pm

Address: 1051 Main Street, Dorset

Drop-in basketball is open to all ability levels. Join us at the Dorset Recreation Centre in the Gymnasium on Tu esday evenings. You can preregister **here**.

There is no fee to register online. This program is included with membership. If you do not have a membership,

day pass fees will apply upon arrival.

# Wednesday, March 19, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, March 19 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Gentle Yoga - DRC

Date and Time: Wednesday, March 19 10:00 am - 11:00 am

Address: 1051 Main Street, Dorset

#### GENTLE YOGA with Ardith at the Dorset Recreation Centre

February 5 - March 26, 2025

Wednesdays from 10 to 11 a.m.

**Cost:** \$15.00 + HST per class. All levels are welcome.

Classes will take at the Dorset Recreation Centre in the Gymnasium and are designed to work on improving bal ance and maintaining mobility, with the focus on breathing, body awareness, flexibility, and stress reduction. Yo ga poses will take you from the floor, to hands and knees to standing positions. The cost per session is \$15.00 p er person, all levels welcome.

Register now.

# Chair Yoga Online/In-Person

Date and Time: Wednesday, March 19 11:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

#### **CHAIR YOGA ONLINE & IN PERSON**

### with Ardith via Zoom and at the Dorset Recreation Centre

February 5 - April 2, 2025 with no class on Wednesday, March 12

Wednesdays from 11:30 a.m.. to 12:30 p.m.

**Cost:** \$15.00 + HST per class. All levels are welcome.

Classes will take place online via Zoom and at the Dorset Recreation Centre, 1051 Main Street. Classes are des igned to work on improving balance and maintaining mobility, with the focus on breathing, body awareness, fle xibility, and stress reduction. All levels and drop-ins welcome. Registration is available online or by calling 705 -766-9968.

# Thursday, March 20, 2025

## **Regular Council Meeting**

Date and Time: Thursday, March 20 9:00 am

Address: 1123 North Shore Road

You can find Algonquin Highlands Council agendas and minutes on the CivicWeb Portal.

You can find information about Algonquin Highlands Council here.

## **Drop-In Line Dancing**

Date and Time: Thursday, March 20 10:00 am - 12:00 pm

Address: 1095 North Shore Road

## **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact <u>clancelinedance@gmail.com</u>

### Pickleball at DRC

Date and Time: Thursday, March 20 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. Please note a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing recreat

ion@algonquinhighlands.ca or calling 705-766-9968.

# **Friday, March 21, 2025**

## **Taoist Tai Chi**

Date and Time: Friday, March 21 9:45 am - 10:45 am

Address: 1095 North Shore Road

### Fridays from 9:45 to 10:45 a.m., Stanhope Firefighters' Community Hall

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process, it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

### Pickleball at DRC

Date and Time: Friday, March 21 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Dorset Library Branch Open**

Date and Time: Friday, March 21 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

# Taoist Tai Chi - Basic Beginner

Date and Time: Friday, March 21 11:00 am - 12:00 pm

Address: 1095 North Shore Road

### Fridays from 11 a.m. to noon, Stanhope Firefighters' Community Hall

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

# Saturday, March 22, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, March 22 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# **Sunday, March 23, 2025**

### **Dorset Model Aviators**

Date and Time: Sunday, March 23 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety rules.

Contact Ark Skupien at skupien@cogeco.ca if interested.

#### Pickleball at DRC

Date and Time: Sunday, March 23 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. You can register here.

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# **Monday, March 24, 2025**

## **VON SMART Exercise Program - DRC**

Date and Time: Monday, March 24 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

## **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### Cost: Free

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

### **Zumba - Dorset Recreation Centre**

Date and Time: Monday, March 24 4:00 pm - 5:00 pm

Address: 1051 Main Street, Dorset

#### **ZUMBA – Dorset Recreation Centre**

Mondays, February 10 to March 31, 2025 (7-week program, with no class on Monday, February 17th)

Time: 4 to 5 p.m.

Cost: \$14.00/7 weeks, \$2.00 per week drop in (HST included)

Zumba will take place on Monday evenings with certified instructor Joanne MacLeod. Zumba involves dance a nd aerobic movements performed to energetic music. This fun fitness class will be for all genders and ability le vels (18 yrs+).

Register here or by calling 705-766-9968.

# Tuesday, March 25, 2025

## **Toning Class at DRC**

Date and Time: Tuesday, March 25 10:30 am - 11:30 am

Address: 1051 Main Street, Dorset

**TONING CLASSES – Dorset Recreation Centre** 

Tuesdays, 10:30 - 11:30 a.m.

**Cost: \$2.00** 

Come out an enjoy Toning class with instructor Joanne McLeod, light weight in a fun and friendly environment. All abilities welcome! Bring a bag lunch and join us after class for a social time

#### Pickleball at DRC

Date and Time: Tuesday, March 25 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreation@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Stanhope Library Branch Open**

Date and Time: Tuesday, March 25 4:00 pm - 7:00 pm

Address: 1109 North Shore Road

The Stanhope Branch of the Haliburton County Public Library is located at 1109 North Shore Road, Algonquin Highlands, Ontario, K0M 1S0

## **Drop-In Basketball at DRC**

Date and Time: Tuesday, March 25 7:00 pm - 8:30 pm

Address: 1051 Main Street, Dorset

Drop-in basketball is open to all ability levels. Join us at the Dorset Recreation Centre in the Gymnasium on Tu esday evenings. You can preregister **here.** 

There is no fee to register online. This program is included with membership. If you do not have a membership, day pass fees will apply upon arrival.

# Wednesday, March 26, 2025

## **Dorset Library Branch Open**

Date and Time: Wednesday, March 26 10:00 am - 3:00 pm

Address: 1051

The Dorset Branch of the Haliburton County Public Library is located on the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Gentle Yoga - DRC

Date and Time: Wednesday, March 26 10:00 am - 11:00 am

Address: 1051 Main Street, Dorset

#### GENTLE YOGA with Ardith at the Dorset Recreation Centre

February 5 - March 26, 2025

Wednesdays from 10 to 11 a.m.

Cost: \$15.00 + HST per class. All levels are welcome.

Classes will take at the Dorset Recreation Centre in the Gymnasium and are designed to work on improving bal ance and maintaining mobility, with the focus on breathing, body awareness, flexibility, and stress reduction. Yo ga poses will take you from the floor, to hands and knees to standing positions. The cost per session is \$15.00 p er person, all levels welcome.

Register now.

## Chair Yoga Online/In-Person

Date and Time: Wednesday, March 26 11:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

#### CHAIR YOGA ONLINE & IN PERSON

#### with Ardith via Zoom and at the Dorset Recreation Centre

February 5 - April 2, 2025 with no class on Wednesday, March 12

Wednesdays from 11:30 a.m., to 12:30 p.m.

**Cost:** \$15.00 + HST per class. All levels are welcome.

Classes will take place online via Zoom and at the Dorset Recreation Centre, 1051 Main Street. Classes are des igned to work on improving balance and maintaining mobility, with the focus on breathing, body awareness, fle xibility, and stress reduction. All levels and drop-ins welcome. Registration is available online or by calling 705 -766-9968.

# Thursday, March 27, 2025

## **Drop-In Line Dancing**

Date and Time: Thursday, March 27 10:00 am - 12:00 pm

Address: 1095 North Shore Road

## **Drop-In Line Dancing**

### Thursdays from 10 a.m. to noon, Stanhope Firefighters' Community Hall

Come out and join in the fun with instructor Jacqui Bell. This class is a great way to exercise the body and soul while having fun. All levels of ability welcome, including beginners. The cost per class is \$10.00 per person.

For more information contact clancelinedance@gmail.com

### Pickleball at DRC

Date and Time: Thursday, March 27 10:30 am - 12:30 pm

Address: 1051 Main Street, Dorset

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# **Friday, March 28, 2025**

### **Taoist Tai Chi**

Date and Time: Friday, March 28 9:45 am - 10:45 am

Address: 1095 North Shore Road

## Fridays from 9:45 to 10:45 a.m., Stanhope Firefighters' Community Hall

Moving meditation, tai chi incorporates stretching and turning in a sequence of movements. Taoist Tai Chi is sp ecifically designed to improve health. It can bring a wide range of health benefits to the muscular, skeletal, and circulatory systems. In the process, it contributes to better balance and posture, increased strength and flexibility, and calmness and peace of mind.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

#### Pickleball at DRC

Date and Time: Friday, March 28 10:30 am - 12:30 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Fridays from 10:30 a.m. to 12:30 p.m.. You are welcome to pre-register for any of our drop-in pickleball programs, as well as see how ma ny people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

## **Dorset Library Branch Open**

Date and Time: Friday, March 28 11:00 am - 3:00 pm

Address: 1051 Main Street

The Dorset Branch of the Haliburton County Public Library is located in the lower level of the Dorset Recreati on Centre at 1051 Main Street, Dorset.

## Taoist Tai Chi - Basic Beginner

Date and Time: Friday, March 28 11:00 am - 12:00 pm

Address: 1095 North Shore Road

### Fridays from 11 a.m. to noon, Stanhope Firefighters' Community Hall

The basic beginner session is literally just the beginning. It is an introduction to the movements through a low i mpact, developmental process, and people of all ages and abilities can learn and benefit from it. Some participa nts only take the initial session out of curiosity, many continue practicing for the rest of their lives.

For more information, visit <u>www.taoist.org</u>, or call Wilma at 705-457-5829.

# Saturday, March 29, 2025

## **Dorset Library Branch Open**

Date and Time: Saturday, March 29 10:00 am - 3:00 pm

Address: https://www.haliburtonlibrary.ca/

The Dorset Branch of the Haliburton County Public Library is located at 1051 Main Street, Dorset.

# **Sunday, March 30, 2025**

#### **Dorset Model Aviators**

Date and Time: Sunday, March 30 10:00 am - 12:00 pm

Address: 1051 Main Street, Dorset

Come out to the DRC and watch members of the Dorset Model Aviators, Airplane & Helicopter Flying Group f ly their small ultra-light, electrically powered flying machines for a minimal fee of \$2.00 per person on Sunday s from 10 a.m. to noon.

This group follows the safety rules established and are certified by MAAC (Model Aeronautics Association of Canada). Please remember to bring your indoor shoes and join us in the gymnasium of the Dorset Recreation C entre.

When indoors the group flies small ultra-light, electrically powered flying machines. Some are airplane type, ot hers helicopter or quad-copter type.

They share the gym by agreeing to fly in a pattern or take turns to fly mild aerobatics. The electric power allows for quiet operation and due to the light weight, it is safe for all participants.

This group welcomes new members who agree to join MAAC and are willing to follow the established safety r ules.

Contact Ark Skupien at skupien@cogeco.ca if interested.

### Pickleball at DRC

Date and Time: Sunday, March 30 12:00 pm - 2:00 pm

Address: 1051 Main Street

Drop in for pickleball at the Dorset Recreation Centre, 1051 Main Street, Dorset on Tuesdays, Thursdays and S undays from noon to 2 p.m. You are welcome to pre-register for any of our drop-in pickleball programs, as we ll as see how many people have already pre-registered. **You can register here.** 

Please note pre-registration is not mandatory and you are welcome to continue to drop in any time. *Please note* a day pass or membership is required to participate at the pickleball drop-in, but the online pre-registration is free.

Please let us know if you have any questions or need support accessing your online account by emailing <u>recreat ion@algonquinhighlands.ca</u> or calling 705-766-9968.

# **Monday, March 31, 2025**

## **VON SMART Exercise Program - DRC**

Date and Time: Monday, March 31 10:15 am - 11:15 pm

Address: 1051 Main Street, Dorset

### **VON SMART Exercise Program – Dorset Recreation Centre**

Weekly on Mondays starting March 3, 2025, 10:15 to 11:15 a.m. Please note there will be NO classes on Statutory Holidays. This program is for those aged 55 and older.

#### **Cost: Free**

The VON is offering the SMART (Seniors Maintaining Active Roles Together)® Exercise Program at the Dorset Recreation Centre, free of charge! (Classes are funded by Ontario Health at Home)

SMART exercises are designed to: strengthen muscles; increase flexibility and/or balance; and prevent falls.

Classes are held once a week, by VON trained Exercise Leaders.

Registration is on a first-come, first-served basis. Spaces are limited.

To register, call 705-787-1996. Registration opens on Feb. 24, 2025.

#### **Zumba - Dorset Recreation Centre**

Date and Time: Monday, March 31 4:00 pm - 5:00 pm

Address: 1051 Main Street, Dorset

### **ZUMBA – Dorset Recreation Centre**

Mondays, February 10 to March 31, 2025 (7-week program, with no class on Monday, February 17th)

Time: 4 to 5 p.m.

Cost: \$14.00/7 weeks, \$2.00 per week drop in (HST included)

Zumba will take place on Monday evenings with certified instructor Joanne MacLeod. Zumba involves dance a nd aerobic movements performed to energetic music. This fun fitness class will be for all genders and ability le vels (18 yrs+).

Register here or by calling 705-766-9968.

http://calendar.algonquinhighlands.ca